



Vaccines 101 for Preschool Students

LESSON PLAN

Purpose

Help preschool-age students learn basic information about vaccines using a story and worksheet.

Students will:

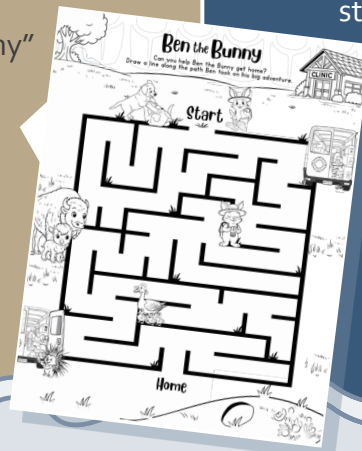
- Learn about the importance of vaccines and handwashing.
- Apply their understanding by discussing concepts learned and doing tracing and coloring activities.
- Receive a coloring book to take home that reinforces the lesson.



Outline	Activity	Teaching Method	Time (50min)
Welcome	• Welcome	Lecture	5 minutes
Introduce Concepts	• Discuss lesson	Lecture	5 minutes
Coloring Book Story	• Read story • Group discussion	Large Group Activity	20 minutes
Worksheet	• Coloring activity • Group discussion	Individual Activity Large Group Activity	15 minutes
Closing	• Large Group Discussion • Final Reflection	Large Group Reflection	5 minutes

Materials

- "Ben the Bunny's Big Adventure" coloring book for each student
- "Ben the Bunny" worksheet for each student



Preparation:

- Read "Ben the Bunny's Big Adventure" coloring book
- Preview materials to determine fit for your students and goals
- Print copies of "Ben the Bunny" worksheet
- Print/obtain copies of the coloring book
- Ask a vaccine expert (like a nurse, vaccine coordinator, or other health professional) to join the lesson

Welcome (5 minutes)

- Welcome students, introduce yourself, introduce the vaccine expert (if applicable), and direct students where to sit.

Introduce Concepts (5 minutes)

- Let students know that they are going to learn about vaccines today. Ask students: "Do you know what a vaccine is? Please raise your hand."
- Ask students to share what they know about vaccines.
- Say "We can all gain a lot from learning more about vaccines. To do this, we are going to read a story called "Ben the Bunny's Big Adventure." Then, we are going to do a worksheet."



Coloring Book (20 minutes)

- Read "Ben the Bunny's Big Adventure" coloring book to students.
- When you have finished reading, ask the students:

1. What did you think of the story?

2. Puppies and Big Dog made Ben feel worried, but Porky said he barely noticed the poke. Sometimes vaccines feel like a pinch – just for a second. What can kids do to distract themselves?

They can talk to the nurse/parent, count their breaths, think about something else.

3. Ben washed his paws and Ducky and his family washed their wings before eating lunch. Why do you think it's important to wash your hands before eating?

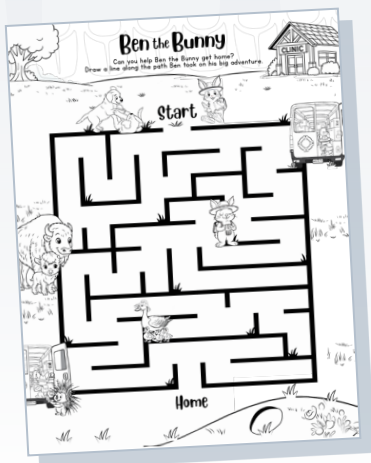
To not get sick or make others sick.

4. Ben told his mom he learned that everyone - whether they are big or small - can be brave and help the community. What are some ways we can help ourselves and the community stay healthy?

By washing our hands and getting vaccines.

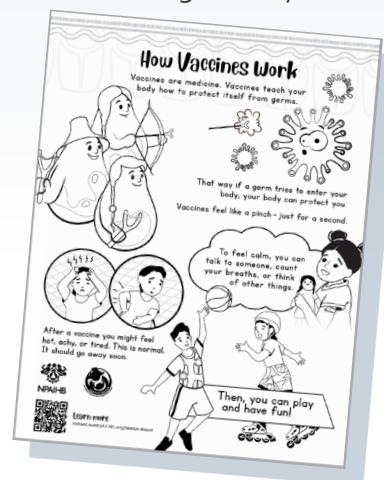
5. If you have any questions about vaccines who are good people you can ask?

Doctors, nurses, teachers, trusted adults.



Worksheet (15 minutes)

- Distribute and discuss the “Ben the Bunny Worksheet”.
- Read the tracing activity directions to students. Give them a few minutes to complete the activity.
- Next, read students the text from the “How Vaccines Work” coloring activity.
- Provide students with crayons, so they can complete the coloring activity.
- After a few minutes, ask: “Do you have any questions about what we’ve talked about today?” (It may be useful to have a vaccine expert available to answer students’ individual questions. However, if this is not possible, and students ask questions you don’t know the answer to, let them know you will ask a health professional at the clinic and share the information you learn).



Closing Large Group Discussion (5 minutes)

- Say, “Remember, if you or someone you know has questions about vaccines, there are people who can help.” Reiterate the people students listed earlier who can help answer vaccine questions.
- Say, “You can also help by teaching other people what we learned today.”
- Distribute coloring books to students to take home.
- If time allows, close with a story or tradition that highlights the concept of being a good relative and helping others.



Learn More

Visit Native Boost for accurate childhood vaccine info that’s fact checked by trusted Elders, Native health professionals, and staff from Tribal organizations across the nation. IndianCountryECHO.org/Native-Boost

